



# Sin in Slow Motion

Small Group Work Sheet  
April 17, 2011

## Part 1 - Ice Breaker

- What are your Easter plans? If you will be around, who are you hoping to invite? What Easter traditions did you celebrate as a child?

## Part 2 - Sermon Review

- There is a natural attraction between our lusts and things we see and desire. Like holding apart two magnets, it takes energy to keep them apart. Do you think it is *wise* or *wimpy* to remove yourself from naturally tempting situations. Run through a variety of potential situations and discuss which ones are wise to remove yourself from, which ones are wimpy?
- The decision to sin moves from our feelings, to our thinking to our choosing. How does knowing this pattern help you avoid being swept into sin?
- Romans 6:12 and 2 Timothy 2:24-26 talk about the power of sin growing to the point it plays a dominant role in our lives. How powerful of an influence can sin become in a Christian's life?
- 1 Corinthians 10:13 is an important verse to commit to memory for times when we face temptation. What are some key things this verse teaches us about the temptations we face?
- What do Ephesians 6:10-11 and Romans 6:2 tell us about the supernatural power available to us in our battle with temptation?
- Pastor Kurt shared how the students of his youth ministry always wanted to know how far they could go sexually with their boyfriend or girlfriend. The question reveals the intent of their heart. The students wanted to go as far as they possible could and camp on the line of sin. When we do that, it just takes a little nudge for us to go over the edge. Rather than thinking about how close we can get to the line without crossing it, a better way to look at questions that have vague answers is, "What is *wise* and what is *unwise*." (You can be on a diet, but it is NOT WISE to be on a diet and eat at Pizza Ranch.) Apply this to the temptations we face in life. What are you facing that is not necessarily wrong to do, but is unwise if it tempts you to sin.
- Sin does not have a one-and-done quality to it but it screws itself into our lives and demands deeper and darker expressions. Soon, sin controls us. We can lose power over sin and we begin to repeat the same sin again and again. Soon, we develop an appetite for greater depravity. We need help fast! If you know this question is talking about you, talk with your small group leader or email Pastor Kurt ([ktruck@gmail.com](mailto:ktruck@gmail.com)) and ask him to connect you with an elder to help you in your struggle with

temptation. Today is the day! Now is the time! You will always remember this last question! When sin becomes a pattern, your situation is desperate! Don't delay! Swallow your pride and get help. Humbling yourself and asking for help is the only way to fix something that has become more than you can control.

### **Part 3 - Digging Deeper...** *Scripture to Memorize to help you with temptations*

Any temptation that seems to be unbearable.—1 Corinthians 10:13

The temptation to gossip—James 1:26.

The temptation to lust—Psalm 119:9; Proverbs 6:24–33; Galatians 6:7–8; Colossians 3:2–3.

The temptation to fear—Psalm 56:3; John 14:1.

The temptation to think you are getting away with sin—2 Corinthians 5:10; Galatians 6:7–8.

Troubled by circumstances—John 16:33.

The temptation to get involved with debatable things—2 Corinthians 5:9.

The temptation not to do the wise thing—Ephesians 5:15–16.

The temptation not to obey your parents—Ephesians 6:1–3.

The temptation to disobey the law—1 Peter 2:13–15.

The temptation to demand your own way—1 Corinthians 6:19–20.

The temptation to do things that will harm your body—1 Corinthians 6:19–20.