



## Life Group Work Sheet

### Ephesians 4:25-32

### Christians and Conflict

April 6, 2014

#### Getting to Know Each Other

1. Have you ever seen anger ruin a relationship?

#### Part 2 - Application

2. **Read Ephesians 4:25-32.** Ephesians speaks a lot about how to live life in community with other Christians. How do these verses inform the way that we relate to one another in the church?

3. **Read Ephesians 4:25-27.** How does anger destroy Christian community?

- a. **Read John 2:13-17.** What makes Jesus' anger righteous? Who or what was Jesus primarily concerned about? How does that help us understand "righteous anger" better?
- b. In verse 27, Paul mentions the devil "gaining a foothold." What is the connection between spiritual warfare and our attempts to live holy lives?

4. **Read Ephesians 4:29-32.** How can our speech destroy the Christian community?

- a. In contrast, how can our speech *strengthen* the Christian community?
- b. Think of your Life Group. What are some ways that you can intentionally build one another up through your words?

5. If you had to sum up the focus of Paul's message in Eph. 4:25-32 in one sentence, what would you say?

#### Taming the Tongue

In this passage, Paul gives us three different ways that Christian community can be ruined: through anger, through theft, and through our speech. Above we looked a lot at the ways that anger can harm our relationships with others. But what about the tongue?

Grab your Bible and head over to **James 3:1-12**. After reading the passage a few times, answer the following questions:

1. Why is our speech so difficult to control?
2. On a scale of 1-10, where would you rate your speech on a daily basis?
3. What is one way that you can improve your speech today?
4. What is one thing that you can praise God for right now?